5 nights **STAR FLYER** 

Rome to Rome (14-July & 01-September-2025)



Mon Civitavecchia (Rome), Italy

Tue Gaeta, Italy

Wed Amalfi, Italy

Thu Sorrento, Italy

Fri Ponza - Pontine Islands, Italy

Sat Civitavecchia (Rome), Italy

# What you need to know before booking your shore excursion:

- All our excursions are led by English-speaking guides. A second language may be used, depending on the number of non-English-speaking passengers.
- The length of the tours and time spent on the sites is given as an indication as it may vary depending on weather, sea and traffic conditions and on the group's pace.
- The level of physical fitness required for our activities is given as a very general indication.

## How you can book your shore excursions:

- Shore excursions can be booked onboard, using the "sign-up lists" available at the Library.
- The price of the excursion will be added to your on-board account.
- Transfers and debark tours ending at the airport can also be pre-paid prior to your cruise.
- In order to provide the best service and to avoid disappointments, please book your shore excursions as early as possible: places are limited and there is a booking deadline for each port.
- Booking deadlines will be indicated on the Daily Program and on the booking forms.
- Cancellation and changes are possible until the booking deadline. After the booking deadline, 100% cancellation fees will be charged.
- A minimum number of participants is required for each tour; if the required number is not attained, the tour may be cancelled.

### **Important notes:**

- Departure times of the tour are mentioned in the Daily Program of each port. Excursions are operated with a ticketless system.
- All information concerning excursions is correct at the time of printing. However, Star Clippers reserves the right to make changes. The latest updated tour descriptions are available onboard the ship in a file at the Library and on Star Clippers' website (you can download the file using the QR code).





Date of last update: 15th of January 2025

## **GAETA** - Sperlonga

Sightseeing

Take a panoramic drive along the coast to the small town of Sperlonga, one of Italy's most attractive seaside resorts. Sperlonga is a cluster of whitewashed houses clinging to a limestone promontory rising above the sea. It has been a popular holiday destination for Italians since Roman times, when the Emperor Tiberius built his summer residence there in the 1st century AD. In the 1950s and 6os Sperlonga welcomed glamorous celebrities and still attracts wealthy visitors in search of beautiful beaches and fine food.

Stop at the top of the medieval village where you can enjoy breathtaking views of the coastline on both sides of the town. There will be a guided orientation tour of the old town and then some free time to explore on your own, strolling through the narrow streets of the village or perhaps enjoying some local specialities.

Please note: This tour involves extended walking on cobblestone and uneven surfaces with inclines and steps. Dress for the weather, wear comfortable walking shoes and bring a hat and water.

The drive between Gaeta and Sperlonga takes 30 minutes each way.

#### **AMALFI - Ravello & Villa Rufolo**



Sightseeing

You will enjoy a beautiful and panoramic drive up from the port of Amalfi to Ravello, one of the most famous and popular places on the Amalfi Coast.

As you enter the main square of Ravello, you'll see the Duomo. The linear façade preserves, from the original Roman design, three oculi and an illuminated window above the entrance portal. It has a classical marble cornice and a bronze door made by Barissano da Trani in 1179. To the right of the church is the bell tower, built in the 13th century. When the Duomo is open, you can look inside and see the majestic marble pulpit, richly decorated with mosaics, friezes and columns, supported by six slender spiral columns resting on marble lions.

You'll visit Villa Rufolo, a spectacular complex made up of the main palazzo, built in the second half of the 13th century, and various buildings in the Arab-Sicilian style, with a wide terrace overlooking the Gulf of Salerno and a luxurious garden with pine trees, cypresses and exotic plants. Richard Wagner was particularly impressed by the spectacular nature of the gardens. He saw in them the materialisation of the magical garden or Klingsor in his "Parsifal". Enjoy the return journey to Amalfi; your senses will be saturated by the spectacular panorama.

Please note: This tour involves extensive walking over cobblestone and uneven surfaces, uphill and steps.

Dress for the weather, wear comfortable walking shoes and bring a hat and water..

Timing is subject to traffic. Amalfi Coast roads are narrow and winding, so this is not the ideal tour for guests suffering from vertigo or motion sickness.



# AMALFI - Positano and panoramic Amalfi Coast by boat



**Panoramic** 

The Amalfi Coast offers a landscape of incomparable beauty, characterised by a succession of unspoilt beaches, bays, caves, inlets and villages perched on the cliffs. Since time immemorial, artists and travellers have been enchanted by its tiny villages, lost among orange, lemon and olive groves, vineyards and bougainvillea.

In the fifties, the glamour of the Dolce Vita turned the small fishing village of Positano into a retreat for the wealthy and a popular holiday resort. The Amalfi Coast has been a UNESCO World Heritage Site since 1997.

A panoramic 45-minute boat ride will take you to the village of Positano. Explore the village at your leisure and spend some time browsing some of Positano's 200 boutiques selling the casual, locally made cotton clothing for which the town is famous. Then meet your guide and board the boat for the return journey to Amalfi.

Once back in Amalfi, you are free to explore the town or walk back to the pier to rejoin the ship.

Please note: This tour involves extensive walking over cobblestone and uneven surfaces, uphill and some steps. Dress for the weather, wear comfortable walking shoes and bring a hat and water.

The boat ride to Positano takes approximately 45 minutes (each way), the boat is exclusive for SC guests.

### **SORRENTO - Pompeii**



History & Culture | Unesco

Ancient Pompeii was a prosperous provincial centre with an estimated population of 20,000. An earthquake destroyed much of the city in 63 AD. Reconstruction was still underway when the volcano erupted again 16 years later. The whole town was buried under more than 20 metres of ash and pumice.

Many inhabitants were killed by the deadly sulphur fumes or struck by the lava and pumice that rained down on the city, but others escaped. Abandoned until the 18th century, Pompeii was frozen in time until excavations revealed this amazing archaeological site. The eruption of Mount Vesuvius on 24 August 79 A.D. not only preserved the buildings, but also evidence of the ancient way of life, such as a fully equipped tavern with the last customer's money still on the counter.

Visit some of the more modest homes and explore ancient baths, temples, theatres, markets and the vast forum. At the end of the visit, you will return to Sorrento, where you can choose to return to the pier or stay in the town centre and explore on your own.

Please note: This tour involves extensive walking (approximately 3 km) and standing over cobblestone and uneven surfaces with many steps to negotiate. The time spent inside the site is approximately 2 hours.

Dress for the weather, wear comfortable walking shoes and bring a hat and water.

It is not permitted to bring large bags or backpacks into the excavation site.

The site of Pompeii is very busy and extended; it is important to always stay with your guide.

The drive between Sorrento and Pompeii takes approx. 1:15, but it is subject to traffic, especially during high season. Large coaches cannot drive to the pier in Sorrento, so a minibus will shuttle tour participants between the pier and a main parking lot in Sorrento (same on the way back at the end of the tour.



## **SORRENTO - Herculaneum**



History & Culture | Unesco

Herculaneum was destroyed by the eruption of Vesuvius on 2 August 79 AD. The town was not an important commercial centre like Pompeii, it was smaller, wealthier and more residential. There was no open space or forum, just streets lined with villas and shops and two very straight main roads that crossed in the middle, typical of Roman town planning.

While Pompeii was buried under layers of ash, Herculaneum - which is much closer to the volcano - drowned in a sea of mud. Over time, the mud hardened into soft stone, preserving the town and almost everything in it as a kind of fossil, so that the furniture, clothes and even some of the goods in the shops have survived.

Excavations began by accident in 1709, when some workers digging a well discovered a wall that later turned out to be one of the stages of the ancient theatre. Later, many human skeletons were uncovered on the ancient shoreline, suggesting that many inhabitants tried to escape but perished when volcanic gases were released.

Excavations since then have revealed sumptuous villas, baths and theatres. Much of the city is still buried and excavations continue today. Many of the buildings and their contents are in remarkably good condition.

At the end of the tour you can choose to return to the pier or stay in Sorrento and explore the town on your own.

Please note: This tour involves extensive walking / standing over cobblestone and uneven surfaces with many steps (approximately 2 km). The time spent inside the site is approximately 1:30 hours.

Dress for the weather, wear comfortable walking shoes and bring a hat and water.

It is not permitted to bring large bags or backpacks into the excavation site. The drive to Herculaneum site takes approx. 1 hour, but it is subject to traffic, especially during high season.

#### **SORRENTO - Capri on your own**



Self-guided tour

Take the opportunity of discovering Capri on your own. Our local staff will give you some tips so you can make the most of your time on the island and will provide you with the tickets for the funicular ride between the port of Marina Grande (our landing point in Capri) and the village of Capri.

Capri is the outpost of the Sorrento peninsula. It is called the jewel of the Gulf of Naples because of its incomparable scenery, clear skies and beautiful climate. Capri has two harbours, Marina Grande to the north and Marina Piccola to the south. The village of Capri is 452 feet high and lies between them. The island's second residential centre, Anacapri, lies in a sweep of lush countryside to the west of Monte Solaro. Some Roman emperors lived part-time on Capri, and Roman nobles resided on or visited the island. In the early 19th century many artists, writers and poets settled here. A delightful climate, clear blue skies, beautiful scenery and a host of other attractions make the island a perfect holiday destination at any time of year. At the end of the tour, once you are back at the pier in Sorrento you may choose to go back onboard the ship or explore Sorrento on your own.

Please note: This tour does not include a guide, the visit to Capri is entirely on your own (no sightseeing included, no lunch included).

The tour includes: assistance service (local hostess travelling with the group to Capri), regular boat service in & out of Capri (Marina Grande) at a fixed time, disembarkation tax in Capri, ticket for the funicular (in & out) between Marina Grande pier / Capri (village). Follow attentively the instructions given by the hostess about meeting time and place for the return to Sorrento.

Dress for the weather, wear comfortable walking shoes, bring a hat and a bottle of water.

The hydrofoil trip takes approximately 30 minutes. The hydrofoil/ferry is a public service, not exclusive to Star Clippers. The duration of the tour may vary depending on local boat schedules.

Expect Capri to be crowded. There may be queues at the hydrofoil piers and at the funicular stations.



# PONZA - Ponza's sea grottos by boat and swim stops

Min 30 / Max 40

participants

Boating & beach

Some of the beauty of Ponza can only be appreciated from the sea. On this boat tour you will see crystal clear bays, islets, coves, cliffs and sea grottoes, while learning about the history of the island from our guide.

The tour starts from the pier and goes clockwise around the island, stopping along the way to allow passengers to swim. You will sail past the Pilate's Caves (ancient Roman pools dug into the rock), under the Guardia lighthouse, built on the top of an 80 metre high rocky promontory, to reach the east coast, then continue along the beautiful bay of Chiaia di Luna, with its white cliffs. On the west side of the island you can admire the Frontone beach with its unique cliffs.

This itinerary includes one or two stops for a swim (depending on time available and sea conditions) and a light lunch on board (pasta course with drinks - water, wine and coffee served with the light lunch).

Please note: During the boat trip, there are usually one or two stops for swimming. The captain decides where and when to stop as it depends on the conditions of the day and the timing available. Guests must know how to swim. Wear your swimsuit under your clothing and bring a towel, sunscreen, sunglasses, a hat and water.

There is no walking involved in this tour, but guests must disembark and embark with a ladder during the swim stops.

# CIVITAVECCHIA (ROME)

**Star Clippers offers the following transfer services** (optional, on request):

### - Shared Transfer to Rome-Fiumicino airport (FCO).

Guests who have purchased a shared transfer cannot choose their own pick up time. There is a fixed departure from the port at approximately 08:45. This transfer is suitable for guests whose flight departs after 12:00.

# - Private transfers to Rome-Fiumicino airport or to hotels in Rome.

Pick up from the pier for private transfers is no later than 10:00.

Private transfers are operated by private cars (1-2 passengers) or private vans (3-4 passengers).

## - Private transfers from hotels to the airport (this service cannot be booked onboard).

Private transfers are operated by private cars (1-2 passengers) or private vans (3-4 passengers).

Transfers and excursions ending at the airport can also be booked prior to your cruise.

Bookings made onboard during the cruise are always subject to avaialability.

If you wish to book a private transfer, we recommend that you pre-book it well in advance prior to your cruise, as the number of vehicles may be limited at certain times of the year.

For information and reservations please contact our reservations department or your travel agent.

The ship will be docked at one of the cruise piers at Civitavecchia port, located 70 km north-west of Rome and Rome-Fiumicino airport. All guests must leave the ship by 10:00 am.



#### **EXCURSIONS ACTIVITY LEVEL:**

- ✓ **Easy**: excursion accessible to all participants, as it mainly takes place by bus or boat. Any footpaths and stairs that need to be negotiated are short or easy.
- ✓ **Moderate**: a certain basic level of fitness is required; excursion involving moderate walking sometimes over uneven or unpaved paths and stairs.
- ✓ **Moderate to strenuous**: active participation is required; excursion involving walking long distances over uneven or steep terrain. May involve several flights of stairs or extended staircases.
- ✓ **Strenuous**: a good level of fitness is required; an excursion involving extensive uphill walking on inclines, uneven terrain with many steps. Excursion involving off-road driving, not suitable for pregnant women or anyone with a medical condition (back, neck, etc.) that could be affected by bumpy roads.
- ✓ **Active (sport)**: Very good physical condition, stamina and skill are required. Passengers should be fit and active to participate in tours involving hiking, kayaking, snorkeling, cycling or similar activities.

The level of physical fitness required for our activities is given as a very general indication.

#### **MAIN EXCURSIONS CATEGORIES:**

- ✓ Culture & History: it explores places of historical significance, visits ancient ruins or historic buildings, gives a deeper understanding of the region's heritage.
- ✓ Sightseeing: it gives a quick but enriching overview, visiting and seeing the main attractions, landmarks and places of interest in a particular area, often including popular spots and sometimes hidden gems.
- ✓ Food & Wine: it explores the culinary traditions of a region, from local markets and vineyards to cooking classes or wine tastings.
- ✓ Panoramic: it involves a limited number of long drives with commentary by the guide, no internal visits and generally limited walking between stops.
- ✓ Active & Adventure: Hiking, kayaking, cycling, ATV, 4x4 off-road.

#### WHAT TO WEAR AND BRING WHEN GOING ASHORE ON EXCURSION:

- ✓ Unless special clothing suggestions are included in the excursion description, we recommend functional clothing and comfortable footwear.
- ✓ Comfortable shoes to help with any steep paths and uneven cobbles.
- ✓ A hat or cap and sun lotion.
- ✓ Water.
- ✓ For boat excursions or excursions including beach stop: swimsuit, beach towel, sunglasses, sunscreen, water shoes, snorkel mask.
- ✓ Mobile phone or camera to capture the moment.
- ✓ Ship card to get back on board.
- ✓ Some cash in local currency.
- ✓ A copy of the Daily Program, to check last tender or last gangway time, tender schedule, lunch time, etc.
- ✓ For ports with tender service (ship at anchor), bring a rucksack or fanny pack so that your hands are free to hold on to the safety grip when boarding the tender.